

May God bestow his goodness and blessings as you celebrate another year of marriage. Happy Wedding Anniversary...

WEDDING ANNIVERSARIES MARCH 2020		
Date	Name	Town
Mar 04	Sumi & Benjamin Chacko	Suffern, NY
Mar 15	Saramma & Chacko P. George	Congers, NY



PRAYER MEETING	
March 4 (Wednesday) at 7:00PM	Ramapo area prayer meeting at the residence of Mrs. Chinnamma Mathews, 40 New Holland Village, Nanuet, NY 10954.
March 14 (Saturday) at 7:00PM	Clarkstown area prayer meeting at the residence of Chacko Yohannan, 5 Inland Road, New City, NY 10956.
<u>Lent prayer meeting.</u>	
March 11 (Wednesday) at 7:00PM	Lent prayer meeting at the residence of Joseph P. David 133 Creekside Circle, Spring Valley, NY 10977.
March 13 (Friday) at 7:00PM	Lent prayer meeting at the residence of Samuel Mathew 64 Dustman Ln., Bardonia, NY 10954.
March 18 (Wednesday) at 7:00PM	Lent prayer meeting at the residence of Dey P. Neduvellil 5 Queens Court, Orangeburg, NY 10962.
March 19 (Thursday) at 7:00PM	Lent prayer meeting at the residence of Thomas Samuel 21 Baylor Rd, New City, NY 10956.
March 27 (Saturday) at 7:00PM	Lent prayer meeting at the residence of John K. Alexander 35 Virginia Street, Tappan, NY 10983.
April 1 (Wednesday) at 7:00PM	Lent prayer meeting at the residence of Thomas Varghese 67 Fairview Ct., Nanuet, NY 10954
April 4(Saturday) at 7:00PM	Lent prayer meeting at Parsonage 526 Rout 306, Wesley Hills, NY 10901.

Sunday School at 9:00AM
 Intercessory prayer on Sunday at 9:30AM
 Fasting prayer at Parsonage every Friday at 10:30AM.

House Keeping



Please note that it is the responsibility of each member of the Church to keep the Church sanctuary and its premises neat and clean.



ST. JAMES MAR THOMA CHURCH OF ROCKLAND, NY
 Volume XXIV ISSUE 3 MARCH 2020

Vicar's message...

Greeting to you all in the precious name of our Lord and savior Jesus Christ,
 "The tongue is a small part of the body, but it makes great boasts" (James: 3: 5)

A Mosquito is a very tiny insect, but its potential for devastation is enormous. James in this verse warns us of another little thing that can be very destructive. He says that even though the tongue is a little organ it boasts great things. It's like a small spark that sets a dense forest on fire (James: 3:5). Although the tongue is small, the damage it can do is significant. Words carry with them the power of healing or the power to destroy. And when it destroys, its destructive capacity is far greater than the consequence of any mosquito bite. It is hence essential to make sure that we use our words with wisdom and great care. Consider carefully the words we choose and find out whether they are seasoned with the balm of grace or the poison of anger.

- A careless word may kindle strife,*
- A cruel word may wreck a life,*
- A timely word may lessen stress,*
- A loving word may heal and bless*

This year's great lent started on Feb 23rd. Lent is a season observed by our Church as a time set apart for fasting and prayer and also a time of introspection. Lent is a spiritual discipline where we try to gain mastery over very things, which we understand as difficult to change. Fasting is not intended as a means to receive any special favors from God. But it is intended as a spiritual exercise for an experience of deeper communication with God, which enables a person to see the divine purpose on him. God's purpose of fasting is enumerated in the book of Isaiah 58: 6 -7 "Is not this the kind of fasting I have chosen: to lose the change of injustice and untie the cords of the yoke, to set the oppressed free and break every yoke? Is it not to share your food with the hungry and to provide the poor wanderer with shelter when you see the naked, to cloth him, and not to turn away from your own flesh and blood?" Thus fast prepares a person to train his body, mind and soul towards God and to the needs of fellow human beings. There are different ways for fasting. Let us fast from telling lies, back answering, anger, bad words, hurts, ego, laziness, facebook/social media etc.. Take at least one of the areas for fasting in this lent season and make your life more meaningful.

Lent is also a time for rebuilding the altars of prayer, studying the word of God and developing a strict discipline of giving and forgiving. This helps the believer to gain internal strength to resist temptations. It is a time that challenges us to reorient our lives in tune with the culture of the cross. The fifty days great fast ends with a great feast. Lent has no meaning without Easter. The joy of Easter is the joy of salvation and eternal life.

May God bless you all

Rev. Santhosh Joseph...



EXECUTIVE COMMITTEE - 2020				
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WORSHIP SERVICES: MARCH 2020		
Date	Time	Service
March 01	10:15AM	Holy Communion (Malayalam)
March 08	10:15AM	Holy Communion (English)
March 15	10:15AM	Holy Communion (Malayalam)
March 22	10:15AM	Holy Communion (English)
March 29	10:15AM	Divine Service in Malayalam

LECTIONARY & THEME: MARCH 2020				
Date	Lesson 1	Lesson 2	Epistle	Gospel
March 01	The Cleansing Christ			
	Zech 13:1-9	1John 1:5-10	Eph 2:1-10	Mark 1:40-45
March 08	The Forgiving Christ			
	Gen 4:8-16	Acts 16:11-18	Rom 5:6-11	Mark 2:1-12
March 15	The Accepting Christ			
	Hos 2:14-23	Phlm 1:1-21	Gal 6:1-5	Matt 15:21-28
March 22	The Redeeming Christ			
	Exod 3:1-10	Rom 8:31-39	Gal 5:1-12	Luke 13:10-17
March 29	The Restoring Christ			
	Job 42:10-17	Phil 2:5-11	Eph 2:1-10	Mark 10:46-52



BIRTHDAYS - MARCH 2020		
Dates	Name	Town
Mar 02	Saramma C. Koshy	Congers, NY
Mar 04	Chinnamma Mathew	Nanuet, NY
Mar 05	Reena Abraham	Poughkeepsie, NY
Mar 08	Angelina Elizabeth Daniel	Florida, NY
Mar 10	Jolly Tom	Congers, NY
Mar 11	Allen Ajay	Suffern, NY
Mar 11	Beena P. Koshy	Spring Valley, NY
Mar 12	Josh Job	Congers, NY
Mar 12	Nikil K. Shoji	New City
Mar 12	Steven Varghese Babu	Nanuet, NY
Mar 14	Daniel Thomas	Avenel, NJ
Mar 14	N.M. Mathew	Suffern, NJ
Mar 15	Hannah A. Binu	New City, NY
Mar 15	M.S. Eappen	Palisades, NY
Mar 16	Selwyn Alexander Jacob	Nanuet, NY
Mar 16	Timothy Yohannan	Valley Cottage, NY
Mar 19	Johnson George	Bergenfield, NJ
Mar 20	Mariamamma Philip	Spring Valley, NY
Mar 21	Jinsey Jacob	Tappan, NY
Mar 23	Nia Joseph	New City
Mar 23	Isaiah Zachary Abraham	Poughkeepsie, NY
Mar 27	Susan John	Spring Valley, NY
Mar 28	Shaimi Jacob	New City, NY
Mar 29	Sherin Elsa Jacob	Nanuet, NY
Mar 30	Amanda Elizabeth Mathew	Nanuet, NY
Mar 31	Sherin Philip	Spring Valley, NY